

Domestic Violence is a Pattern of Abuse and Control that can include:

- **Physical violence:** Hitting, punching, kicking, choking, pushing or using weapons.
- **Threats of violence:** Stalking, intimidating, using phone, text and email to threaten or harass you
- **Verbal/emotion abuse and put downs:** Behaviour aimed to make you feel worthless or afraid. Use of intimidation, put-downs and threats towards you or your family, children, pets, or friends. Yelling, screaming, swearing.
- **Sexual Assault:** Forcing you to participate in sexual acts that you don't want to participate in.
- **Social isolation from family, friends and community:** Ongoing rudeness to family and friends to alienate them, controlling the move to a location where you have no established social circle.
- **Controlling your money:** Restricting access to money or threatening to withdraw financial support
- **Monitoring your movements and restricting access to cultural and religious events/meetings.**

Family Violence Affects Kids Too:

Children live in a small world made up of their family, friends, school and home.

Children are traumatised when they see or hear someone they love being harmed.

For More Information Contact Staying Home Leaving Violence

Parramatta Holroyd

Phone: (02) 9636 8437

Fax: (02) 9896 3139

Email: admin@phfs.org.au

Address: 37 Collins Street (Corner of Rowley and Collins Streets)

Pendle Hill 2145

Website: www.phfs.org.au

Other useful contacts:

Police, Fire, Ambulance	000
Domestic Violence Line.....	1800 656 463
NSW Rape Crisis Centre.....	1800 424 017
Women's Legal Services NSW.....	8745 6988
Domestic Violence Legal Advice ...	8745 6999
Indigenous Women's Legal	8745 6977
Macquarie Legal Centre.....	8833 0922
South West Sydney Legal	9601 6988
Cumberland Women's Health	9689 3044
FACS Help Line	132 111
Kids Helpline	1800 55 1800
Parramatta Police	9633 0799
Merrylands Police	9897 4899

Parramatta Holroyd
Family Support Inc.

**STAYING
HOME
LEAVING
VIOLENCE**
**CHOOSE TO STAY
& SEND VIOLENCE AWAY**

Supporting women and children
to stay at home safely without
domestic violence

How We Assist You:

The Staying Home Leaving Violence service assists women who have experienced or continue to experience domestic violence to remain safely in their homes, without the violent person.

We Do This By:

- Assisting you to obtain a court order (ADVO) removing and excluding the violent person from your home and prohibiting the intimidation and harassment by the violent person towards you and your children
- Making your home safe by installing security equipment
- Allocating caseworkers to identify and manage your needs and support you and your children until you feel safe in your own home

Benefits of Staying Home:

- Stability of accommodation for you and your children
- You and your children can stay close to support networks, friends, schools and your community
- You and your children are able to continue your lives with less disruption in your own home

We Can Assist:

- Women who are 18 years and over, with or without children
- Women who live in the Parramatta or Holroyd Local Government Area
- Women who are separated from a violent partner
- Women who are in stable accommodation

What Should You do?

If you have experienced or continue to experience domestic violence and wish to remain in your home, contact our office to discuss how we can assist and support you.

Our Service Includes:

- Ongoing assistance with safety planning
- Conducting safety audit of the residential property
- Installation of safety upgrades (Brokerage funds to cover some of the costs)
- Court support and advocacy in regard to ADVO and Family Law matters
- Information and referrals to other services
- Internal referrals to other Family Support services/programs
- Referral to counselling
- Support to continue to live free from violence

YOU HAVE THE RIGHT TO LIVE IN A HOME THAT IS SAFE AND FREE FROM VIOLENCE