

## When your child is sick

We will miss you, but in the interest of everyone's health, please do not come to Play & Learn if you or your child is sick.

### Things to look out for:

- Fever over 38 degrees
- Vomiting or diarrhoea more than 2 times
- Infectious rash or skin infection
- Eye or ear discharge
- Flu symptoms— cough, runny nose of a non-clear colour, sore throat, headache
- Head lice

If you or your child is suffering from any of these symptoms and attend group, you will be asked to leave.

Do not attend the group if you or your child has had sickness or diarrhoea within the last few days.

In some cases, a Doctor's certificate will be asked for before returning to the group. All medical information will be confidential at all times.

Play and Learn Merrylands is run by:

## PARRAMATTA / HOLROYD FAMILY SUPPORT INC.

Centre Address:

37 Collins St  
Pendle Hill NSW 2145

Open from

Monday to Thursday  
9.00am to 4.00pm

Friday

9.00am to 12.00pm

Phone: 9636 8437

Fax: 9896 3139

admin@phfs.org.au

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If you would like more information about Play & Learn, please call Suzanne or Kellie on 96368437



# PLAY AND LEARN

# MERRYLANDS

Thursdays

9.15am to 11.15am

at

Merrylands Public School Hall

Fowler Road, Merrylands



## What is Play & Learn?

Play & Learn is a time when parents/carers and their children can:

- Spend time playing and interacting in different ways with each other
- Have new experiences and meet new people who live locally.
- Understand child development and encourage this through play
- Increase skills and confidence
- Share ideas with other families
- Have fun outside the home

## Information

We have a lot of really useful brochures for families to take home and read.

These cover topics such as parenting, caring for children, keeping healthy and services that may be able to assist families. It is well worth having a browse. Information is all free.

Parents/Carers can request additional Information which is not displayed at group.

## Home Visiting

A Child and Family Worker is present at the group to discuss child behavioural and development issues with parents.

Parents can request further assistance outside of playgroup if required.

Play & Learn is **free**

Fruit and water is provided for children

Tea, coffee and cake is provided for adults

## Play & Learn Program:

- 9.15am:** Start
- 10.00am:** Morning Tea time
- 10.45am:** Pack away
- 10.55am:** Story time and Singing Time

## Activities include

- Art and craft
- Playdough
- Toys
- Educational activities
- Singing and story time
- A new theme each week

## A few things to remember...

- Please remember to sign the attendance sheet on arrival
- It is your responsibility to label all children's items
- Children should wear older clothes that can get messy or dirty.

## Playgroup Guidelines

- Always supervise your child
- Have fun and interact with your child
- Respects others at all times
- Listen during group times, such as Story Time
- No food is to be brought into playgroups. This is due to possible allergies that people may have. All food provided by Play & Learn staff is checked for any ingredients which may cause allergies.
- Coffee, tea, milk and biscuits provided are for Parents/Carers only. Please do not give these to your child.
- During morning tea time, children are encouraged to be seated at the tables while eating.
- Try and keep mobile phone calls short
- Please attend playgroup on time
- No school aged children can attend during playgroup
- Parents/Carers and children are encouraged to help with packing away.
- No smoking during group time

These rules are to ensure the safety and enjoyment of all those attending Play & Learn.