

## About Us

Parramatta/Holroyd Family Support Inc. is a free service that provides support and assistance to families of all types and cultural backgrounds, who have dependent children up to the age of 12 years.

We believe that families have their own strengths. We aim to assist families in developing those strengths and to support the parent-child relationship.

Our aim is to support families to encourage and develop positive relationships within families, and to promote environments which value, nurture and protect children.

We work with families through the different and sometimes difficult stages, as well as offer families strategies and various programs.

## Contact Us

**Phone:** (02) 9636 8437  
*If the phone is unattended, please leave a message on our answering machine.*

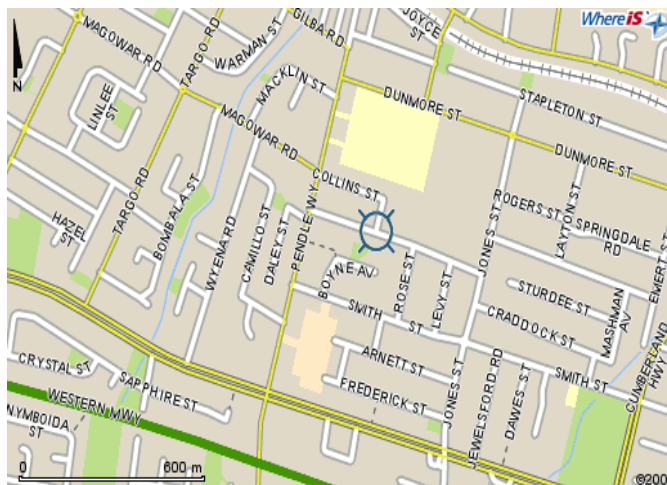
**Fax:** (02) 9896 3139

**Email:** [admin@phfs.org.au](mailto:admin@phfs.org.au)

**Address:** 37 Collins St  
Pendle Hill NSW 2145

**Website:** [www.phfs.org.au](http://www.phfs.org.au)

**Office hours:**  
Mon-Thurs: 9am - 4pm  
Friday: 9am - 12noon



We are located on the corner of Collins and Rowley Streets, an easy 10-15minute walk from Pendle Hill Railway Station.

**Please call to make an appointment.**

  
**Parramatta Holroyd  
Family Support Inc.**



**Strengthening families  
to become safe, nurturing and  
connected to their communities.**

## Case Work

When we work directly with individual families, we provide:

- Home and office visits
- Information, referral and advocacy
- Assistance liaising with other agencies and Departments
- Practical and skill based support

We address issues such as child development and behaviour, parenting strategies, strengthening parent-child relationships, social isolation and family violence.

## We work with families that live in the following areas:

Wentworthville, South  
Wentworthville, Pendle Hill,  
Greystanes, Merrylands West, Mays Hill, Westmead, Girraween and Woodpark; and parts of Toongabbie, Merrylands, Guildford, Parramatta, North Parramatta and Northmead.

## Groups

We run a variety of groups, including:

- Parenting groups
- Young Parents Group
- First Time Young Parents Group
- Supportive Playgroup
- Children's groups

For details about the groups we are currently running, give us a call or check out our website.

Childcare and transport are available for some groups.

Groups are free or cost just a gold coin donation each week.



*We are a member of NSW Family Services Inc.*

## How can a family access the service?

To request support for yourself or someone else, simply call our centre and talk to a staff member. We will ask for the family's details, and the reasons that you are requesting support.

Anyone may make a referral, but the client must be aware and have given consent for the referral to be made.

## What happens next?

After a referral has been taken, a Child and Family Worker will ring the family and organise a time to meet with them. The worker will explain more about our service and talk further with the family about their situation and what service is appropriate for them.